

## Ecofriendly Synthesis, Characterisation and Antibacterial Activity Of Curcumin Mediated Silver Nanoparticles

Research Article

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### Abstract

Curcumin is the main phytochemical present in the rhizome *curcuma longa* Linn. In spite of its therapeutic efficacy, poor bio-availability due to low absorption, rapid metabolism and elimination deters its beneficial action. Efficient drug delivery system for curcumin is warranted which is achieved by nanoparticle synthesis. This research aimed to prepare and characterise curcumin mediated silver nanoparticles and to evaluate its antibacterial activity against oral pathogens. Biosynthesis of Curcumin mediated silver nanoparticles were achieved when curcumin reduced silver nitrate to silver atom. Characterisation were done by UV-visible absorption spectroscopy (UV-Vis) and Transmission electron microscopy (TEM). Evaluation of antibacterial activity against oral pathogens were performed in *Staphylococcus aureus*, *Streptococcus mutans* (Gram positive bacteria), *E. coli*, *Enterococcus sp* (Gram negative bacteria). On visual observation, colour change from initial yellow solution to dark brown within 1 hour of reaction time, absorbance peak at 430 nm ascertained curcumin mediated silver nanoparticles synthesis. Curcumin had reducing and capping action. TEM revealed spherical and triangular structure with diameter ranging from 5-70 nm. They showed superior antibacterial activity against oral pathogens such as *S. mutans*, moderate activity against *S. aureus*, *E. coli* and *Enterococcus sp* in concentration of 50- $\mu$ g mL<sup>-1</sup> hence proving its effective broad spectrum antibacterial activity which can be applied in various oral mucosal lesions with infectious disease with minimal side effects.

**Keywords:** Curcumin; Silver Nanoparticles; UV-VIS Spectroscopy; TEM; Antibacterial; Oral Mucosal Lesions.

### Introduction

Oral infections consist of mixed populations of aerobic and anaerobic bacteria, pose risk of development of resistance with improper use of multiple antimicrobials [1]. Also oral bacteria enters blood stream through ulcerated epithelium causes bacteremia or septicemia, is a risk for immuno compromised patients [2]. Resistance of antibiotics worldwide pose a great threat and necessitates for research and discovery of new antimicrobials. As 7 lakh people die due to drug resistant infections and if necessary measures

are not taken may kill 10 million people by 2050 [3]. An alternative antimicrobial therapy to treat oral infectious disease with lesser side effects is achieved through phytochemicals via green synthesis nanotechnology.

Nanobiotechnology is a multifaceted research area comprising biology, medicine and material engineering. Its goal is to produce safe, ecofriendly nanoparticles useful for therapeutic functions by a method called Green synthesis [4]. Green Synthesis is the production of nanoparticles using plant extracts and its bio com-

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pounds applied for various medicinal therapies like antimicrobial, anti-inflammatory, anticancer and antioxidant [5]. In the past few decades tremendous interest is directed towards biomedical evaluation of metallic nanoparticles derived from noble metals such as silver, gold for its chemical, biological and physical properties [6].

Silver Nanoparticles have good antimicrobial properties, can be effectively used against Multi-Drug Resistant microorganisms [7]. Silver nanoparticles are more favorable due to their high precise toxicity towards bacteria, less toxicity towards individuals. Silver Nanoparticles are prepared by different techniques such as physical, biological and chemical methods [8]. Plant-mediated preparation of nanoparticles has a distinct dimension, structure, and form than alternative physical and chemical methodologies [9, 10, 11, 12, 13]. Surface charge density, more surface to volume ratio, spherical shaped, small, lesser degree clumped are considered to be more effective properties of silver nanoparticles [14]. Phytochemicals show an evident part in reducing and stabilising metal nanoparticles [15]. Curcumin possesses potent antioxidant, anti-inflammatory, antitumor and antimicrobial properties [16]. They have various medicinal property with superior safety profile but administration has practical problem. Poor bioavailability, Rapid metabolism, limited absorption are its drawbacks [17]. Huge dosage have to be swallowed to reach the substantial concentration. To solve these problems, nanoparticle-based drug delivery approaches are the right choice to enhance the wider medicinal applications of curcumin [18]. These materials have the ability to penetrate cells, translocate to other cells, tissues, organs distant from portal of entry to the body [19], thus improving its bioavailability potential helpful in treating various oral diseases.

To the finest of our understanding, the antibacterial action of curcumin mediated silver nanoparticles by green synthesis on oral pathogens are not studied before, hence our present research aimed to develop original method of curcumin assisted silver nanoparticles and its evaluation of its antibacterial effect.

## Materials and Methods

### Materials:

Curcumin, silver nitrate and bacterial media were commercially purchased from Hi Media, Mumbai.

### Silver Nanoparticles Synthesis:

10 mM of curcumin was added with 25 ml of distilled water. 75 ml of 1mM of silver nitrate solution was mixed with curcumin

solution and kept in magnetic stirrer. The color transference was visually observed when  $Ag^+$  from  $AgNO_3$  are reduced and converted to  $Ag^0$ , which are evaluated by UV-vis spectroscopic scanning from 320-560 nm.

### Purification and Characterisation Of Silver Nanoparticles:

Purification was done by centrifugation of synthesised silver nanoparticles at 6500 rpm for 15 min and the process is repeated thrice and washed by using double distilled water. After discarding the supernatant the pellet is dried in hot air oven at  $60^\circ C$  for 15 min colloidal nanoparticle solution and powdered Curcumin Silver Nanoparticles are obtained. The nanoparticle powder is characterised by TEM and it provides more understanding in to the morphology, dimension details of the silver nanoparticles.

### Antibacterial Activity:

Evaluation of antibacterial property of silver nanoparticles were done against oral pathogenic gram positive and gram negative bacteria using Agar Well diffusion. Varying concentrations of synthesized nanoparticles were studied against the oral pathogenic bacteria like *S. mutans*, *E. coli*, *Enterococcus sp* and *S. aureus*. Silver nanoparticles with varying concentration of 50,100,150  $\mu L$  were added to wells and Amoxicillin used as positive control in Muller-Hinton agar plates. Incubating the plates for 24 hours at  $37^\circ C$  were done, and the inference were noted by gauging the diameter of the zone of inhibition in millimeters.

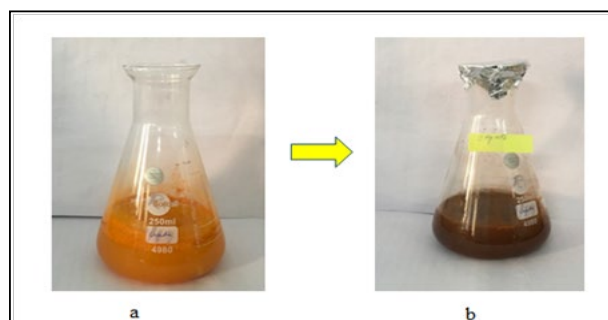
## Results and Discussion

### Curcumin Assisted Silver Nanoparticle Characterisation:

#### Visual Examination and UV-vis Spectroscopy Scanning

Silver nitrate during reaction with aqueous extract of curcumin was tracked by the color transference from initial yellow solution to dark brown color within 1hour of reaction time indicating the nanoparticle formation (Figure 1 a, b). Appearance of dark brown color is because of surface plasmon resonance of silver nanoparticles. The ultraviolet-visible spectroscopy scanning of the solution with silver nanoparticles exhibited an absorption peak at around 430 nm which preliminarily confirmed silver nanoparticle synthesis (Figure 2). [20], reported faster silver nanoparticles synthesis from *M. oleifera* by 10 minutes at  $60^\circ C$ - $80^\circ C$  <sup>20</sup>. Haneefa et al, in Manganese Nanoparticles synthesis reduction of manganese metal salt was confirmed by change in color detected from

Figure 1a,b. Visual color difference of reaction mixture containing curcumin solution with silver nitrate at 0 hour (a) and 1 hour (b).



pale green to pale yellow, and the stabilization of MONPs was noticed by the color transference from yellowish to permanent reddish brown. Manganese was reduced by lemon extracts, curcumin was the capping agent, biofunctionalised material used was chitosan [21]. In our study curcumin is the reducing and capping agent in silver nanoparticle preparation. Roy et al in her study, addition of neem extract initially showed pale yellow to light brown, increasing the incubation time turned to deep brown after 24 hours. Variation in peak absorbance was due to variation in particle size. Peak absorbance were 430 nm, in which smaller particles absorb UV rays in electromagnetic range revealing nanoparticles unique optical property, which was similar to our study where the ultraviolet-visible band of the curcumin assisted silver nanoparticles solution exhibited the peak of absorbance at around 430 nm which preliminarily confirmed the silver nanoparticles synthesis [22]. Yangqing He et al in his study, reaction time after 8 days in synthesis of silver nanoparticles are reported, indicating the slow synthesis, 417 nm slightly shifted to 436 nm during the reaction, higher rate of sudden nucleation significantly speeded the growth rate of silver nanoparticles [23]. The time needed for formation of nanoparticle synthesis varied depending on character of the reducing agent [24]. (Figure 3a,b) shows colloidal nanoparticle solution and powdered Curcumin Silver Nanoparticles.

#### TEM Analysis:

In our study, different shapes of nanoparticles such as spherical, triangular and rectangular shaped are well dispersed formed in the size range from 5-70 nm, also shows capping of curcumin with silver nanoparticles (Figure 4 a,b). In TEM Analysis silver nanoparticles which are spherical in shape exhibit superior antimicrobial activity when compared to rod shape, small particle has better bioactivity than larger ones. Heat reduces the size of nanoparticles, heat driven nanoparticle synthesised from *M. oleifera*

leaf were 57 nm [20]. Silver nanoparticle synthesis from *Allium sativum*, *Andrachea chordfolia* with use of sunlight resulted in 7.3 nm, 3.4 nm [24]. Most of the silver nanoparticles were eclipsed and spherical form with considerable particle measurement from 50 nm and some of nanoparticles nearly 100 nm [25].

#### Antibacterial Activity:

Silver nanoparticles prepared by curcumin showed higher antibacterial effect against oral pathogens like *S. mutans* moderate antibacterial action against *E. coli*, *S. aureus* and *Enterococcus* sp (Figure 5a, b, c, d). Our study results indicated that curcumin mediated silver nanoparticles synthesized were not only efficacious at lesser concentrations, but they even exhibit good zone of inhibition against commercially available antibiotic Amoxicillin. All the four strains of bacteria showed sensitivity to Amoxicillin 5 µg/mL. Zone of Inhibition for Different Concentrations of Curcumin Silver Nanoparticles by Oral Pathogens are shown as Bar diagram in Figure 6. Silver nanoparticles cling to the cell membrane, reducing respiratory role, oxidized nanoparticles induce hole formation on surface of bacteria enhancing bactericidal activity [26]. *M. oleifera* leaf derived silver nanoparticles showed MIC antimicrobial inhibition for Bacterial strains as 12.5-25 µg / ml and fungal strains were 6.25 µg/ ml which exhibited broader spectrum of antibacterial activity [24]. In our study, silver nanoparticles synthesised using curcumin showed broader antibacterial potential in 50 µg/ ml. Thick peptidoglycan layer is present in gram-positive bacteria that has plasma membrane as cell wall, lacking the outer membrane compared to gram-negative bacteria that has rigid cell wall consisting of lipids and lipoproteins [27]. This could have been the reason why curcumin assisted silver nanoparticles had difficulty to enter and interact with cellular components of gram negative bacteria such as *E.coli*, *Enterococcus* thus showing lesser degree of inhibition. In our study both

Figure 2. UV-vis spectrum of silver nanoparticles synthesized from Curcumin showing absorbance peak and blank solution after 1 hour of reaction.

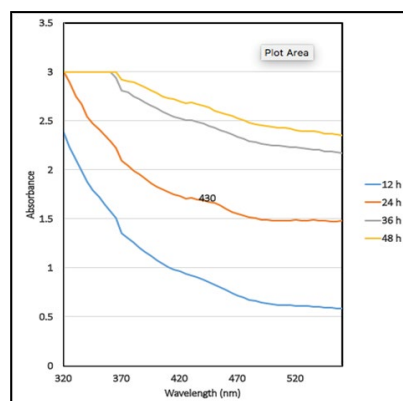


Figure 3a,b. shows colloidal nanoparticle solution and powdered Curcumin Silver Nanoparticles.

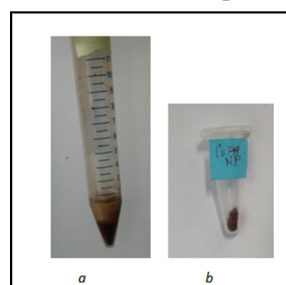


Figure 4 a,b. TEM Images of silver nanoparticles produced from Curcumin.

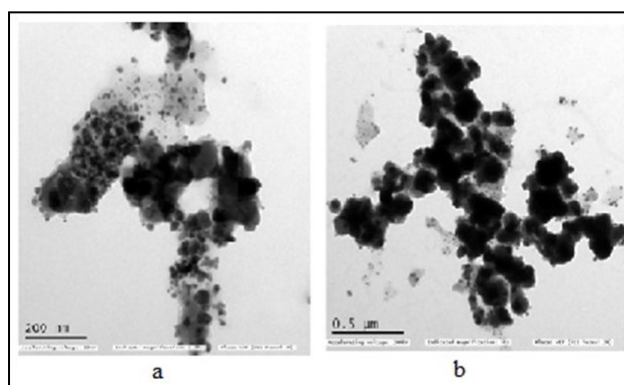


Figure 5a, b, c, d. Shows good antibacterial activity against Streptococcus mutans, medium antibacterial effect towards Staphylococcus aureus, E. coli and Enterococcus.

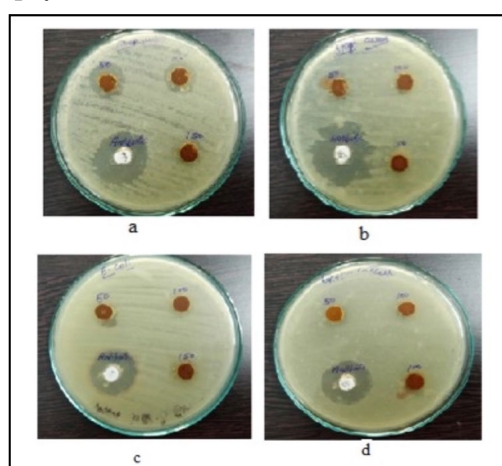
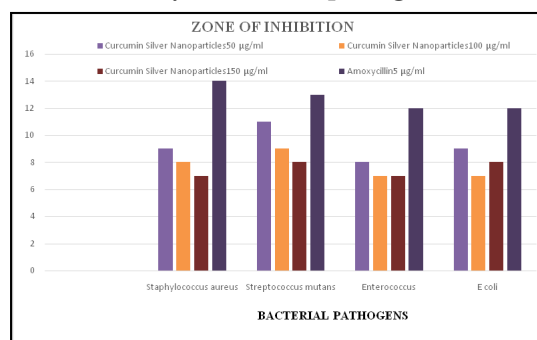


Figure 6. Bar diagram shows zone of inhibition in mm for different concentrations of curcumin mediated silver nanoparticles by various oral pathogens.



gram positive and gram negative bacteria were inhibited, with more susceptibility was exhibited by gram positive bacteria such as S.mutans, S.aureus. In contrast to a study done with D-glucose and hydrazine as a reducing agent in silver nanoparticles synthesis, effective inhibition was by gram negative bacteria [28]. Silver nanoparticles synthesis by Azadirachta indica [22] at 3ml plant extract, 10ml silver nanoparticles showed Zone of inhibition size of 11.83 mm at 50 μg/ml against e coli when compared to our study antibacterial activity against S. mutans were 11 mm at 50 μg/ml. In Alpinia katsumadai silver nanoparticle synthesis minimum inhibitory concentration noticed for E. coli, S. aureus are 20 mg/ml, P. aeruginosa 40 μg/ml, S.mutans 50 μg/ml [23]. Bar diagram shows zone of inhibition in mm for different concentrations of curcumin mediated silver nanoparticles by various oral pathogens. (Figure 6). Silver cations adheres to bacterial cell wall which is

negatively charged and burst them causing protein denaturation, affecting the replication of DNA and eventual cell death [29]. Bacterial cell is in the micrometre range, outer cellular membranes contain pores in the nanometer range. Nanoscale materials enter the cells of bacteria and make lethal oxygen radicals, results in microbial cellular membrane damage leading to strong inhibition of the growth of bacteria. [21]. In our study, Curcumin mediated silver nanoparticle by green synthesis showed pronounced antibacterial activity against gram positive bacteria when compared to gram negative. Combining curcumin with that of silver ions is beneficial to minimise the dose need to be administered for total microbial reduction. The present research reveals the antibacterial activity of silver nanoparticles prepared from curcumin by a cost effective, ecofriendly green synthesis. This improves the bioavailability of curcumin that is converted in to Nanoformulation with

reduced dosage can be used as topically in various oral diseases thus reducing the side effects caused by routine antibiotics and other conventional therapies.

## Conclusion

It is concluded that curcumin assisted silver nanoparticles have great role and has high antibacterial activity, hence resisting bacterial growth in lesser drug concentration. The present research work suggests the environment friendly, biocompatible technique for preparation of silver nanoparticles by green synthesis methodologies from bio compound curcumin which is stabilizing and reducing agent. The UV-Vis, TEM study ensured the formation of nanoparticles. Rapid synthesis, small sized 5-70 nm spherical, triangular shaped silver nanoparticles is an effective antibacterial agent against *S. mutans*, moderate against other disease causing pathogens.

## Clinical Significance

Biosynthesised nanoparticles were characterised and exhibited their potential use in oral infectious diseases. Curcumin assisted silver nanoparticles are cost effective.

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