

Preference Of Calcium Biosilicate Cements Used By Dental Students For Treatment Of Immature Non -Vital Permanent Teeth - An Institutional Based Retrospective Study

Research Article

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Abstract

Objective: This study was undertaken to evaluate the preference of calcium silicate cements for the treatment of immature permanent non vital teeth in a dental college.

Materials and Method: Retrospective data collected from June 2019 to April 2020 was obtained from pediatric dental patients visiting private Dental College. Data was analysed using SPSS version 20.0 with chi - square test. 19 patients with immature non vital permanent teeth received treatment of which 16 (84.21%) were males and the remaining 3 (15.78%) were females (P<0.001).

Results: The most affected age group was 13 year olds (21%). Right permanent central incisor was the most commonly affected tooth. MTA was found to be the preferred material of choice compared to bioaggregate cements. There was a statistically significant difference between both materials (P<0.001).

Conclusion: Within the limitations of the study, it can be concluded that MTA is the most preferred calcium biosilicate cement used by dental students for the treatment of immature non vital permanent teeth.

Clinical significance: Calcium biosilicate cements are biocompatible dental materials which have improved mechanical properties and the added advantage of bioactivity. The use of these cements has allowed clinicians to achieve excellent results in the treatment of immature non vital permanent teeth with shorter treatment time.

Keywords: Apexification; Bioaggregate Cements; Biodentine; Immature Non-Vital Tooth; MTA.

Introduction

Dental injuries are commonly seen with children aged between 6-12 years [1-3]. These children have permanent anteriors which are at various stages of development. These injuries often lead to pulpal necrosis which in often results in incomplete root development with thin dentine walls, funnel-shaped canal with an open apex [4, 5]. Management of such cases is a significant challenge for the clinician due to lack of adequate apical constriction and presence of thin dentin walls which can easily fracture [6-8]. Tra-

ditionally, apexification has been used for the treatment of such teeth using calcium hydroxide (CH) [9, 10].

Structurally strengthening non vital immature teeth has received a great deal of attention and different materials and techniques have been examined [11, 12]. The use of CH for apexification is questionable these days due to long treatment and doubtful outcomes. The effect that a long-term application of CH has on the structural integrity of the root dentin has been investigated [13].

The development of mineral trioxide aggregate (MTA) has led to

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shorter treatment time with more predictable success. Originally introduced as a root end filling, MTA's ability to promote formation of hard tissue presents the potential of a biological seal of cementum over the material which has made it the material of choice for treatment of immature permanent teeth for the past two decades [14].

Biodentine is a new calcium silicate cement which was introduced in 2012. With a setting time of 12 minutes, Biodentine has an added advantage of better mechanical properties and lower risk of bacterial contamination compared to MTA and requires only a single step to use [13, 14]. Till date, there has been no study which has assessed the preference of calcium silicate cements for the treatment of immature permanent non vital teeth. Hence this study is undertaken to evaluate the preference of bio calcium silicate cement used by dental students for treatment of immature non-vital permanent teeth.

Materials and Methods

The present study was carried out in the Department of Pediatric and Preventive dentistry after receiving ethical clearance from the Institutional Review Board of the institution. SDC/SIHEC/2020/DIASDATA/0619-0320. Only pediatric dental patients who were younger than 18 years of age and had immature non vital permanent teeth were included in the study. Patients who were older than 18 years, mature non vital permanent teeth and those with systemic diseases were excluded from the study.

Data was retrospectively collected from the case records of patients who visited the Department of Pediatric and Preventive Dentistry from June 2019 to March 2020 at private Dental Col-

lege and Hospital. Out of the 55 patients whose data was obtained, only 19 who fulfilled the inclusion and exclusion criteria were included in the study. Data was statistically analysed using SPSS version 20.0. The chi square test values were used to compare data and distributions at 0.05 level of statistical significance.

Results

A total of 19 patients were included in the study which consisted of 16 boys (84.21%) and 3 girls (15.78%). The most affected age group was 13 year olds. The age and gender distribution is shown in. The most affected tooth was 11 (47.36%) followed by 21(42.1%). 31 and 41 were least affected (5.26% each). The distribution of treated immature non vital permanent teeth according to age groups. There was a statistically significant difference in the preference of biosilicate cement used. MTA was the most preferred compared to other bioaggregatematerials(P = 0.16). Bioaggregate was used only in the age group 14- 16 years.(Figure 1). Figure 2 shows the gender and biosilicate cement correlation. Of the 3 girl patients , 2 received MTA and one received bioaggregate. 11 boys received MTA whereas the remaining 5 received bioaggregate materials (P= 0.943).

Discussion

The treatment of immature teeth has been seen as a clinically difficult scenario. Immature non vital teeth permanent teeth present with difficulties that are not encountered when teeth in adult patients [14]. The apical diameter of the canal is often larger than the coronal diameter, rendering of mechanical root canal debridement difficult [15]. The lack of an apical constriction makes canal obturation in all dimensions difficult. The thin walls of the tooth

Figure 1. Bar graph depicts the Correlation between age and biosilicatecement used. X-axis denotes age and Y-axis denotes the number of patients treated with MTA and bioaggregate materials. The blue colour denotes MTA and the red colour denotes Bioaggregate material. Graph 1 shows that in the age group of 8-10 years(21.05%) and 11-13 years(31.58%) MTA was the preferred bio calcium silicate cement. Bioaggregatematerial(26.32%) was more preferred in patients above the age of 14 years. Using the Chi square test p value = 0.16 >0.005 is not statistically significant.

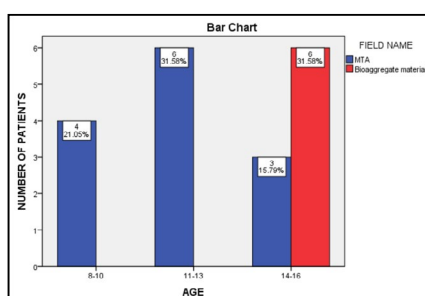
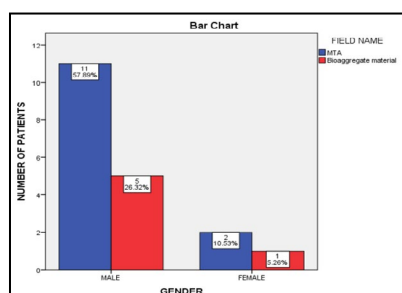


Figure 2. Bar graph depicts the Correlation between gender and biosilicate cement used. X-axis denotes Gender and Y-axis denotes the number of patients treated with MTA and bioaggregate materials. The blue colour denotes MTA and red colour denotes bioaggregate material. Graph 2 shows that MTA was the most preferred biocalcium cement among both Boys(57.89%) and girls (10.53%). Using the Chi square test p value = 0.943 >0.005 is not statistically significant.



have a high chance to fracture making treatment difficult. Historically, techniques for the management of non-vital immature teeth have included custom fitting gutta-percha cones as the filling material without a prior apexification procedure [16].

The first description of the use of CH as an agent to induce apical closure was in 1953. CH apexification results in deposition of calcified tissue adjacent to the filling material. One CH is placed; it may or may not result in the closure of apex often leading to multiple visits. The time taken for formation of a hard tissue-barrier with regard to CH, ranges 6-18 months. This prolonged treatment period becomes difficult for both patient and practitioner. CH affects the mechanical properties of dentin when used for a longer period of time rendering the tooth susceptible to fracture [17].

MTA has become popular in the past few decades as it produces significantly better hard tissue formation than CH and also favours in the formation of bone and periodontium [18]. The clinical success of MTA apexification has made it the material of choice for most clinicians. However it is difficult to place in a wide apical area, is very expensive and requires two appointments to complete. To overcome these disadvantages, Biodentine was introduced as the ultimate dentin substitute [19]. Biodentine has quicker setting time and high pH which results in the release of calcium and silicon ions which stimulates mineralization imparting a better seal [20].

In the present study, the results showed that MTA was most commonly used in patients below the age of 15 who were predominantly males. This could be due to the fact that MTA would have been the most easily available material in an institutional setting. Another reason could be that since bioaggregate materials set quickly, they would require cooperation from the side of the patient and would make MTA an easier choice. The male predominance in our study could be due to the active participation in contact sports.

Endodontically treated immature teeth are more susceptible to root fracture because of its thin dental wall [21]. Studies have shown that MTA reduced the fracture resistance of the dentin by 33% [22]. Subhash et al found that biodentine did not have satisfactory fracture resistance [23]. Elnaghy contradicted staging MTA and Biodentine have no difference in fracture resistance [24].

MTA has been used for over 20 years by dentists world over and is being accepted as the material of choice [25]. However new calcium-biosilicate cements such as Biodentine and bioaggregate have been introduced which compensate for many of the disadvantages of MTA. Research with these materials is still in the nascent stages and the data available is scarce [26].

Our study had limitations such as being a single centred study with a small sample size. However long term follow up of these patients will allow us to know the clinical success of these materials and help in better clinical decision making.

Conclusion

Within the limitations of our study we conclude that MTA was the preferred calcium biosilicate cement of choice for treatment

of immature permanent teeth. However new calcium biosilicate cements have been introduced in the recent years and only long term studies will help us understand which material will be the best for the treatment of immature non vital permanent teeth.

Clinical Significance

Calcium biosilicate cements are biocompatible dental materials which have improved mechanical properties and the added advantage of bioactivity. The use of these cements has allowed clinicians to achieve excellent results in the treatment of immature non vital permanent teeth with shorter treatment time.

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