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Clinical Evaluation of Deferasirox For Removal of Cr⁺⁶ Ions In Rats

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Abstract

The present research aimed to characterize the potential efficiency of deferasirox in removing chromium after its administration for 60 days following two doses of 15 and 30 mg/kg Cr^{+6} to the body weight of the male Wistar rats every day. After chromium administration some abnormal clinical signs such as red staining around the eyes, greenish mottling on the liver, weakness and loss of hair and weight, were observed in rats. Deferasirox was given orally to different groups of rats for a period of one week immediately after chromium administration. After chelation therapy, animals were anesthetized with ether vapors and then chromium and iron concentrations in various tissues were determined by graphite furnace and flame atomic absorption spectrometry methods, respectively. The chelation therapy results showed that deferasirox was able to remove chromium ions from the body and at the same, iron levels in tissues and clinical symptoms were also reduced.

Key Words: Deferasirox; Chromium toxicity; Chelation therapy; Rats; Iron

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Introduction

Chromium is an important metal, which is used in a variety of industrial applications e.g. textile dying, tanneries, metallurgy, metal electroplating, wood preserving and preparation of chromate compounds. It hence, large quantities of chromium have been discharged into the environment due to accidental releases or inadequate precautionary measures (Kimbrough *et al.*, 1999). The chemical and toxicological behaviors of chromium depend on its oxidation state.

The most important concern from the human health point of view is chromium(VI) for both acute and chronic exposures (ATSDR, 1998). Chromium(VI) is known to enter cells readily via non-specific anion channels and it is thereafter reduced by intracellular reductants to the more stable Cr(III) with the concomitant formation of reactive intermediate species of Cr, Cr(V) and (IV), and reactive oxygen species(ROS) (Codd et al., 2001). These reactive species can cause DNA damage and lipid peroxidation (Bagchi et al., 2002; O'Brien et al., 2003). The ROS generated by these reactions are superoxide(O.-₂), hydrogen peroxide (H₂O₂) and hydroxyl radical(OH.). It has been found that Cr(V)

is a pulmonary sensitizer that causes bronchoplasm and anphylactoid reactions in sensitized workers (Moller et al., 1986). The acute ingestion of large amounts of Cr(V) results in acute tubular necrosis, marked interstitial changes and renal failure (Ellis et al., 1982). Genotoxicty studies have shown that Cr(V) compounds are the most potent genotoxins (Cohen et al., 1993). Based on sufficient evidence of carcinogenicity of Cr(V) compounds in human and animals, the International Agency for Research on Cancer (IARC) and the Department of Health and Human Services have treated Cr(V) compounds as carcinogenic compounds. Thus, removal of chromium, and especially of chromium(VI), is an essential pollution abatement process that should be applied to all industrial effluents that contain this contaminant. One of the most effective ways to remove toxic elements such as chromium from the biological system is chelation therapy. It involves the use of ligating drugs that binds metal for the treatment of potentially fatal conditions. These ligands promote the excretion and subsequent depletion of this transition metal in biological systems. Deferasirox (4-[3,5-bis(2-hydroxyphenyl)-1,2,4-triazol-1-yl]-benzoic acid, or ICL670, (Figure 1) that was first reported in 1999 is a new drug to remove toxic metal ions from biological systems (Heinz et al., 1999). It is a tridentate chelator with high selectivity for Fe⁺³(Steinhauser et al., 2004). In vivo, this selectivity is demonstrated by conserved plasma Zn and Cu levels in patients taking Deferasirox, and while its efficacy is rather low for inducing negative iron balance, it is effective and well-tolerated (Nisbet-Brown et al., 2003). In 2005, Deferasirox became the first FDA approved oral alternative for treatment of iron overload and was subsequently approved in the EU in 2006 (Yang et al., 2007). Its relatively long half-life before excretion allows once-daily dosage and good overall patient compliance, as well as cost-effectiveness. Deferasirox is considered to be superior to desferrioxamine (DFO). Iron chelation therapy (ICT) with (DFO), the current standard for the treatment of iron overload in patients with transfusion dependent disorders such as β-thalassemia, requires regular subcutaneous or intravenous infusions. This can lead to reduced quality of life and poor adherence, resulting in increased morbidity and mortality in iron overloaded patients with β-thalassemia (Scott and Orvig 2009). The aim of the present study was to investigate the chelation potency of Deferasirox given to animals

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Figure 1. Chemical structure of deferasirox



after chromium loading. Testing was performed using an acute experimental model on rats with the chelator given shortly after chromium administration. This study indicates that this procedure might be useful for preliminary testing of the efficiency of the chelating agent to ascertain whether this chelator can mobilize and promote the removal of chromium from rat organs.

Experimental Section

Apparatus

A Varian atomic absorption spectrometer (GFAAS, FAAS) was used for measurement of chromium and iron concentrations in various organs, respectively. Also a Mettler analytical balance Model AE 160 was used in this study.

Maintenance of the animals

Male Wistar rats were obtained from Razi Institute(Karaj, Iran). They bred in animal house at Kerman Neuroscience Research Center, Iran. The rats were maintained under a controlled light:dark (12:12 h) schedule at $23 \pm 1^{\circ}$ C and humidity of 55%. The animals were assigned to control and treated groups and were kept in well cleaned sterilized cages. The rat food was purchased from Razi Institute. This study was approved by the ethics committee of Shahid Bahonar University of Kerman, Iran and Kerman Neuroscience Research Center, Iran.

Materials

 $K_2Cr_2O_7$ and other materials were purchased from Merck Chemicals Co. and deferasirox was purchased from Novartis Co.(Basel, Switzerland).

Methods

In our model, we used two different doses of chromium followed by an early administration of chelating agent. Experiments were performed on 7-week-old Wistar male rats. There were slight differences between the groups in the initial body weight of the rats (mean 200 g), but at the end of chromium administration experiment, those given chromium in their diet had significant weight loss (Table 1). Comparison of the weights in this experiment shows dietary treatment affected the food intake, whereby animals given normal diet consumed more food than those given chromium. Also because of the slight (but significant) differences in body weight of rats at the start of the study, the results can be influenced by the initial classification and assignment of rats to treated groups. Therefore, the day 1 groups' body weights are notable and they must be considered. Consequently after acclimatization of animals, we assigned them randomly to control and treated groups. The first group(control group) was given normal food and water to drink. The treated groups were given water containing chromium to the extent of $15 \text{ mg Cr}^{+6}/\text{kg}$ body weight known as (low dose drinking of chromium) and 30 mg Cr⁺⁶/kg body weight known as (high dose drinking of chromium). Chelation therapy was carried out after chromium application. In this part of the research, treated groups were divided into three groups, before chelation therapy, without chelation therapy and chelation therapy with deferasirox(Table 2). Deferasirox was given orally at dose of 140 mg/kg body weight after chromium application during 1 week. Chromium toxicity symptoms observed in rats have been removed in short term (7 days) after drug administration. After chelation therapy, these rats were anesthetized with ether vapors and immobilized by cervical dislocation and their liver, kidneys, intestine, spleen and testicles samples were collected, weighed and dried for determination of their chromium contents. The samples were placed in an oven at 60°C for 3 days. They were then digested by 1.5 mL of HNO3 per 1 g of dry weight tissues. After digestion, the solutions were evaporated with the addition of 1.0 mL of H₂O₂ under the hood. Then, the residue was diluted with water to 10 mL volume.

Results

Results of chromium raising and iron reduction in organs of two chromium doses groups were statistically different. The chromium accumulation in tissues at high level drinking group was more than low level drinking group. A significant difference between control and treated groups was observed. The general symptom of toxicity appeared after 60 days of chromium administration. Abnormal clinical signs in animals were appeared as follows: darkening of the eyes, yellowish discoloration of hair, flaccid and hypotonic muscles, irritability, weakness and loss of hair. Also the body weights of all animals in treated groups were significantly decreased. The highest amount of chromium was found in intestine followed by kidneys. After the chelation therapy, the obtained results showed that chromium levels present in all tissues were significantly reduced whereas, iron concentration returned to the normal level and the symptoms also reduced. Iron level is lowest in the group having the highest chromium concentration, which is probably because of a significant interference that could take place by chromium through iron uptake mechanism. The t-test was applied to the results assuming the certified values are the true values. Deferasirox was more efficient in decreasing chro-

Table 1. Body weights over 60 days for rats in different groups (values are mean for the number of observation in parentheses)

Group	Control	Low dose drinking of chro- mium	High dose drinking of chromium
Initial body weight ^a (g)	205±7(5) (day 1)	200±4(5) (day 1)	195±3(5) (day 1)
Final body weight ^a (g)	275±6(5) (day 60)	255±8(5) (day 67)	225±7(4) (day 67)

^aMean of five determination standard deviation.

Table 2. Classification of animals

All rats	Control group			
	Treated groups	Low level drinking group: 15 mg Cr ⁺⁶ /kg body weight	Before chelation therapy	
			Without chelation therapy	
			Chelation therapy with Deferasirox	
			(140 mg/kg body weight)	
		High level drinking group: 30 mg Cr ⁺⁶ /kg body weight	Before chelation therapy	
			Without chelation therapy	
			Chelation therapy with Deferasirox	
			(140 mg/kg body weight)	

Table 3. The results of chromium level before and after chelation therapies^a

	Before	Without	Chelation
Group	chelation therapy	chelation therapy	therapy with deferasirox
Liver(mg/kg)			
Control	o.112±0.001	-	-
Drinking (low dose)	0.311±0.023	0.292±0.019	0.172±0.018
Drinking (High dose)	0.943±0.021	0.914±0.023	0.514±0.017
Kidney(mg/kg)			
Control	o.154±0.019	-	-
Drinking (low dose)	0.783±0.027	0.713±0.021	0.251 ± 0.012
Drinking (High dose)	1.612±0.029	1.544 ± 0.031	0.472 ± 0.016
Intestine(mg/kg)			
Control	o.104±0.011	-	-
Drinking (low dose)	1.531±0.014	1.472±0.013	0.183±0.023
Drinking (High dose)	2.163±0.012	2.001±0.014	0.202±0.021
Spleen(mg/kg)			
Control	o.183±0.019	-	-
Drinking (low dose)	0.734±0.012	0.692±0.023	0.274 ± 0.014
Drinking (High dose)	1.481±0.024	1.411±0.019	0.621±0.017
testicle(mg/kg)			
Control	o.154±0.032	-	-
Drinking (low dose)	0.272±0.021	0.252±0.011	0.191±0.027
Drinking (High dose)	0.451±0.019	0.412±0.022	0.262±0.013

^aFive rats were placed in each group. The results are represented as arithmetic means SEM, significant at p < 0.05 when compared with control.

	Before	Without	Chelation
Group	chelation therapy	chelation therapy	therapy with deferasirox
Liver(mg/kg)			
Control	5.45±0.02	_	-
Drinking (low dose)	5.1±0.24	5.12±0.24	5.21±0.31
Drinking (High dose)	4.56±0.21	4.58±0.19	5.27±0.27
Kidney(mg/kg)			
Control	7.51±0.25	-	-
Drinking (low dose)	6.21±0.21	6.27±0.31	7.06±0.33
Drinking (High dose)	6.1±0.23	6.15±0.27	7.31±0.37
Intestine(mg/kg)			
Control	1.25±0.12	-	-
Drinking (low dose)	1.14±0.21	1.15±0.21	1.22±0.14
Drinking (High dose)	1.11±0.01	1.13±0.01	1.2±0.19
Spleen(mg/kg)			
Control	16.86±0.22	-	-
Drinking (low dose)	15.22±0.37	15.3±0.42	16.72±0.34
Drinking (High dose)	15±0.38	15.9±0.31	16.61±0.47
testicle(mg/kg)			
Control	4.1±0.27	-	-
Drinking (low dose)	2.51±0.21	2.53±0.17	3.86±0.24
Drinking (High dose)	2.47±0.23	2.49±0.22	3.9±0.28

Table 4. The results of iron level before and after chelation therapies^a

^aFive rats were placed in each group. The results are represented as arithmetic means SEM, significant at p < 0.05 when compared with control.

mium concentration from intestine. The results of organ dis tribution of chromium before and after chelation therapies are shown in (Table 3). Furthermore, iron concentration after chromium administration was significantly decreased. The difference between iron values before and after chelation therapy is notable. These results are summarized in (Table 4). In order to investigate the spontaneous effect of chromium removal from the body in the course of time, one group was treated as without chelation therapy.

Comparison of the results obtained from both (before and without chelation therapy) groups are showing that the passage of time had no significant effect on removal of chromium.

This indicating, Deferasirox is efficient in returning iron concentration to its nearly normal level.

Discussion

The aim of the present work was to evaluate the ability of deferasirox in removing chromium from the body. Many studies have now reported, the high absorption, distribution, long-term efficacy and safety of deferasirox in removing some toxic metal ions and treating iron overload in patients with β -thalassaemia major (Cappellini, 2008; Neufeld, 2006; Wood et al., 2006). In this investigation, a short-term experimental model was used in order to speed up the preliminary testing procedure. The effects of chelator on chromium and iron levels were remarkable. It has been reported that the chelating agents having higher stability constants with a metal in aqueous solution may also prove successful in reducing the body burden of the metal (Kaur et al., 1984). Gastrointestinal absorption and uptake of chromium after oral exposure shows the accumulation of chromium in different organs as well as decrease of iron concentration in different tissues. After administration of chelating agents, the chromium content returned to nearly normal level of control group, which indicates that deferasirox effectively increases the elimination of chromium in rat organs. The symptoms were also disappeared. A comparison of the results obtained from before and without chelation therapies indicate that removal of chromium is not time dependent at all. Toxicity and side effects of deferasirox are reported to be very low (Cappellini, 2008), therefore after basic preclinical research, they could be recommended for human administration. With considering, our obtained results and previous researchers (Fatemi et al., 2007; Amiri et al., 2007; Tubafard and Fatemi, 2008; Fatemi et al., 2009) it can be also concluded that deferasirox is efficient enough to remove chromium from all tissues and treat its side effects and general symptoms of toxicity. Thus deferasirox represent a promising drug of Cr-mobilizing agent. Our results showed that this procedure might be useful for preliminary testing of the efficiency of chelating agent in removing of chromium.

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